

Ling Clobes Smile Train College Scholarship Application

Name: Ling Clobes

Location: Eudora, KS

GPA: 4.167

Extracurricular Activities:

Concert Band, Marching Band, Basketball Pep Band, National Honors Society, Future Business Leaders of America, Manage Cross Country, Manage Track and Field, Help in the church nursery, Youth group Douglas County Youth Prevention Board, Volunteer at a hospital in the Neonatal Intensive Care Unit (2019), Volunteer at a hospital day care center (2018)



Essay Prompt #1

How has your cleft affected your life? How will your experience with cleft inform your future?

I was born in China with a cleft lip and palate. Before I was adopted to the US, a charity (not Smile Train) paid for my first surgery. Knowing this has changed how I see my cleft. The generosity of others has encouraged me to support charities that repair cleft lip including Smile Train. This experience throughout my life has given me compassion for others that are going through a hard time.

Recently one of my friends had to stop running because she has compartment syndrome (pressure builds up in a part of the calf cutting off blood circulation to the feet). I understand the struggle she has mentally and emotionally because I have gone through a similar experience. This past year I have had multiple surgeries to finish fixing my cleft. There have been days where I have to say no to activities because I am going to have surgery, or I have an appointment. I used to not want to do public speaking because I couldn't talk very well, and I was scared that I would be made fun of. After years of speech therapy and a palate surgery, I have the confidence to speak to large groups. Last year, I missed managing track and participating in a regional solo and ensemble festival because I had a double jaw surgery at the end of the school year. The recovery was hard but, I was able to push through with God's help.

Ever since I was young, I have been interested in the medical field and as a young child I have always wanted to help others. I have been on several medical mission trips that have reinforced my passion to help others and pursue a degree in medicine. Between my experiences on mission trips and my cleft, I am interested in serving the non-English speaking community either in the United States or abroad. One of my goals as a nurse is to serve communities that don't have access to quality healthcare.

My cleft lip and palate have influenced my childhood and my passion. I have been blessed to have a children's hospital and a speech clinic close by. I have had a wonderful care team that I will miss once I age out of the children's hospital. The road has been long and hard, but now that I am on the other side it has been worthwhile. I hope one day I can make an impact on my

patients like the impact my care team had on me. I am super blessed by God to live where I am and have the opportunity to live a normal life with a cleft.

Essay Prompt #2

Tell us about a time that you displayed strong leadership skills. What lessons did you take from this experience?

In 2020, I got asked to help start a new effort focused on teenage mental health and substance abuse, the Douglas County Youth Prevention Board. I was chosen because of my strong leadership skills. The board has provided me with more opportunities to grow as a leader in multiple ways, including helping me overcome fear of public speaking because of speech issues from my cleft. On this board, I have given presentations and attended several prevention events. Before I was chosen for this board I did not like giving presentations to adults and was not comfortable giving one to my classmates. This board changed the way I see and do presentations. I have given presentations to parents about the mental health effects of COVID on youth. These presentations have given me confidence in public speaking. I still get nervous because I want to do well and get the message across to my audience. Presentations have also showed me the value in feedback and criticism. I used to feel embarrassed when I got feedback because I strive to be perfect. I understand that I am not perfect and the only person that is perfect is God.

Another lesson I have learned is how to talk to adults in a professional manner. During the school year, there are several opportunities to speak with Kansas lawmakers and city commissioners about the work my board does. I educate these groups about concerns I see in my community by providing statistics about drug and alcohol use among youth.

I was given the opportunity to go to Washington D.C. and participate in the Community Anti-Drug Coalitions of America (CADCA) National Forum. This conference was a great opportunity for me to learn how I can better serve my community. At the conference I had the opportunity to meet other youth who wanted to change their community. I was the only youth that went from DCYP and I had to get out of my comfort zone and find another youth coalition to hang out with. I found a group from West Virginia and met a girl from Alabama. We were on the same youth track and collaborated about different issues we see in our communities. Even though we don't live in the same area we both saw similar issues regarding our community and our schools. One thing I learned was that health equity is a solution for the social determinants of health. Healthcare needs to be focused not only on a person as a whole, but care needs to be specific for that person. No one person is the same therefore treatment for the same illness should be tailored to fit that individual.

The overall experience from this board was amazing. This board was a great way for me to get involved in my community and it also opened the door to more opportunities. I am thankful for being nominated for this board and how it helped me grow as a leader.

Resume



Eudora / Kansas / U.S.A

HOBBIES

Travel
Piano
Swim

SKILLS

Well Organized
Work Hard/independent
Excellent time manager
Strong leadership skills
Word Processing, Presentations
Teamwork/Communication

EDUCATION

Eudora High School
Class of 2022
Class rank: 1 of 132
GPA: 4.167
Student of the Month - Spring 2018

CERTIFICATIONS

Lifeguard Certification
- June 2020
Dietary Aide
- Winter 2020
Nurse Aide Certification
- May 21, 2021
BLS, CPR, AED, First Aid
- May 21, 2021

I am on the health care track and take college classes in addition to high school classes. I have made top Honor roll the past 3 years and continue to get high grades. I participate in many extracurriculars including managing track and field and cross country, FBLA, Cardinal Corps, Band. As a manager I help coaches with keeping times, handing out/ collecting uniforms, and help the athletic trainer hand out ice. I am also very active in my youth group and church. I enjoy volunteering and see their joy because of what I have done.

EXPERIENCE

Direct Support Worker

Helpers Inc./ Eudora, KS/ November 2021 - Present

After school I helped a family with their special needs daughter. She was born with a genetic condition that affects her growth. I prepare tube feedings and administered tube feedings for G-tube. I implemented behavioral therapy and play with her in a safe environment.

Lifeguard

Eudora Parks & Rec/ Eudora, KS/ Summer 2020 - Present

Watch patrons in the pool and clean the pool deck during breaks. My job was to make sure that no one was drowning and that children were with their parents/ guardians.

Advent Health Shawnee Mission

Advent Health Shawnee Mission / Shawnee, KS / Summer

NICU Summer - 2019

Managed visitor registration process and responsible for guest log recordkeeping. Assisted nurses and administrators with daily activities.

Early Childhood Center- Summer 2018

Teacher's assistant for 2- & 3-year-old classes. Supervised outdoor playtime and assisted with classroom maintenance.

In-home Babysitting

Summer 2016 - Present

Certified Babysitter, Red Cross certified in CPR, First Aid, AED use

Personal experience with pediatric medical conditions

My sister, Ava, was born with Hypoxic Ischemic Encephalopathy. Starting when I was 10 years old, I assisted in her care which included tube feedings and care, oxygen per nasal cannula, pulse oximetry, oral suctioning, bathing, and apnea monitoring.