



## For Patients: Games & Books Speech Therapy at Home

### Practicing Speech at Home

You have done such a great job practicing and improving your speech! While you may not be able to visit your speech therapist right now, we want to help you with some fun activities from the [www.leadersproject.org](http://www.leadersproject.org) so you can continue to master your speech at home! Always remember to call your speech therapist and/or ask your caregiver to help guide you as you practice with these activities.

**Game Boards** *A video to explain the following can be found [here](#).*

Setup:

1. You will need dice (directions on how to make one at home can be found [here](#)!) and also a token to move across the board. The token can be a rock, coin, or bean.
2. Find the game board that matches the sound you are practicing.
  - a. If you have a printer, you can print it out, color and decorate it, and play.
  - b. If you do NOT have a printer, you can look at the internet image and draw it yourself. Be sure to also color and decorate it.
  - c. You can practice the words as you draw and/or color!
3. Find a “helper” who can guide you with the words and sounds.

Play!

- When you are ready to play, roll the dice. As you move your token across the board, repeat each word. Be sure your helper works with you to say each word correctly.
- How long does it take you to finish the entire gameboard?

**Story Books** *A video to explain the following can be found [here](#).*

Setup:

1. Which sound are you working on? Ask your speech therapist or caregiver if you are not sure.
2. Find the story that matches this sound.
  - a. If you have a printer, you can print it out, color and decorate it, and play.
  - b. If you do NOT have a printer, you can look at the internet images and try to draw each page of book yourself. It’s ok if it is not the same, use your imagination and it will be great! Be sure to also color and decorate it.
  - c. Practice the words of the book pages as you draw and/or color.

Play!

1. Find a “helper” who can help you read your new book and practice the sounds.
2. Try to act out the book while you read!